

OÖ Landesmeisterschaften - Lange Strecken 2025

09.05./10.05.2025

Fortsetzung Bewerb 1 - 800m Freistil Damen

Allgemeine Klasse, Pflichtzeit: 11:31,01

4.	Cahunek, Marlies	2007	AUT	1. USC Traun	10:14,16	+25.26	491
RT +0.77 50m: 00:35,04, 100m: 01:12,85 (00:37,81), 150m: 01:50,85 (00:38,00), 200m: 02:29,02 (00:38,17) 250m: 03:07,52 (00:38,50), 300m: 03:46,00 (00:38,48), 350m: 04:24,94 (00:38,94), 400m: 05:03,45 (00:38,51) 450m: 05:42,38 (00:38,93), 500m: 06:21,10 (00:38,72), 550m: 07:00,41 (00:39,31), 600m: 07:39,41 (00:39,00) 650m: 08:18,70 (00:39,29), 700m: 08:57,30 (00:38,60), 750m: 09:36,31 (00:39,01), 800m: 10:14,16 (00:37,85)							
11.	Höglinger, Rosa	2010	AUT	1. USC Traun	10:58,12	+01:09.22	399
RT +0.67 50m: 00:35,63, 100m: 01:16,08 (00:40,45), 150m: 01:57,51 (00:41,43), 200m: 02:39,53 (00:42,02) 250m: 03:20,95 (00:41,42), 300m: 04:03,22 (00:42,27), 350m: 04:45,10 (00:41,88), 400m: 05:27,18 (00:42,08) 450m: 06:09,79 (00:42,61), 500m: 06:51,93 (00:42,14), 550m: 07:34,41 (00:42,48), 600m: 08:16,66 (00:42,25) 650m: 08:58,81 (00:42,15), 700m: 09:40,23 (00:41,42), 750m: 10:20,90 (00:40,67), 800m: 10:58,12 (00:37,22)							
15.	Kljajic, Laila	2010	AUT	1. USC Traun	11:06,95	+01:18.05	384
RT +0.96 50m: 00:35,74, 100m: 01:15,75 (00:40,01), 150m: 01:57,49 (00:41,74), 200m: 02:39,22 (00:41,73) 250m: 03:21,48 (00:42,26), 300m: 04:03,67 (00:42,19), 350m: 04:46,11 (00:42,44), 400m: 05:28,61 (00:42,50) 450m: 06:10,87 (00:42,26), 500m: 06:53,68 (00:42,81), 550m: 07:36,34 (00:42,66), 600m: 08:18,95 (00:42,61) 650m: 09:01,07 (00:42,12), 700m: 09:44,32 (00:43,25), 750m: 10:26,30 (00:41,98), 800m: 11:06,95 (00:40,65)							
17.	Durstberger, Helena	2012	AUT	1. USC Traun	11:16,98	+01:28.08	367
RT +0.79 50m: 00:36,10, 100m: 01:15,68 (00:39,58), 150m: 01:59,94 (00:44,26), 200m: 02:42,73 (00:42,79) 250m: 03:25,69 (00:42,96), 300m: 04:09,21 (00:43,52), 350m: 04:52,66 (00:43,45), 400m: 05:36,11 (00:43,45) 450m: 06:19,64 (00:43,53), 500m: 07:03,80 (00:44,16), 550m: 07:46,78 (00:42,98), 600m: 08:29,83 (00:43,05) 650m: 09:13,04 (00:43,21), 700m: 09:55,30 (00:42,26), 750m: 10:36,46 (00:41,16), 800m: 11:16,98 (00:40,52)							

	Nessler, Stephanie	2009	AUT	1. USC Traun		n.a.Start	
Abgemeldet.							

AK 17-18, Pflichtzeit: 11:38,80

3.	Cahunek, Marlies	2007	AUT	1. USC Traun	10:14,16	+25.26	491
RT +0.77 50m: 00:35,04, 100m: 01:12,85 (00:37,81), 150m: 01:50,85 (00:38,00), 200m: 02:29,02 (00:38,17) 250m: 03:07,52 (00:38,50), 300m: 03:46,00 (00:38,48), 350m: 04:24,94 (00:38,94), 400m: 05:03,45 (00:38,51) 450m: 05:42,38 (00:38,93), 500m: 06:21,10 (00:38,72), 550m: 07:00,41 (00:39,31), 600m: 07:39,41 (00:39,00) 650m: 08:18,70 (00:39,29), 700m: 08:57,30 (00:38,60), 750m: 09:36,31 (00:39,01), 800m: 10:14,16 (00:37,85)							

AK 15-16, Pflichtzeit: 12:53,02

3.	Höglinger, Rosa	2010	AUT	1. USC Traun	10:58,12	+31.22	399
RT +0.67 50m: 00:35,63, 100m: 01:16,08 (00:40,45), 150m: 01:57,51 (00:41,43), 200m: 02:39,53 (00:42,02) 250m: 03:20,95 (00:41,42), 300m: 04:03,22 (00:42,27), 350m: 04:45,10 (00:41,88), 400m: 05:27,18 (00:42,08) 450m: 06:09,79 (00:42,61), 500m: 06:51,93 (00:42,14), 550m: 07:34,41 (00:42,48), 600m: 08:16,66 (00:42,25) 650m: 08:58,81 (00:42,15), 700m: 09:40,23 (00:41,42), 750m: 10:20,90 (00:40,67), 800m: 10:58,12 (00:37,22)							
5.	Kljajic, Laila	2010	AUT	1. USC Traun	11:06,95	+40.05	384
RT +0.96 50m: 00:35,74, 100m: 01:15,75 (00:40,01), 150m: 01:57,49 (00:41,74), 200m: 02:39,22 (00:41,73) 250m: 03:21,48 (00:42,26), 300m: 04:03,67 (00:42,19), 350m: 04:46,11 (00:42,44), 400m: 05:28,61 (00:42,50) 450m: 06:10,87 (00:42,26), 500m: 06:53,68 (00:42,81), 550m: 07:36,34 (00:42,66), 600m: 08:18,95 (00:42,61) 650m: 09:01,07 (00:42,12), 700m: 09:44,32 (00:43,25), 750m: 10:26,30 (00:41,98), 800m: 11:06,95 (00:40,65)							

	Nessler, Stephanie	2009	AUT	1. USC Traun		n.a.Start	
Abgemeldet.							

AK 13-14, Pflichtzeit: 12:53,02

6.	Durstberger, Helena	2012	AUT	1. USC Traun	11:16,98	+47.59	367
RT +0.79 50m: 00:36,10, 100m: 01:15,68 (00:39,58), 150m: 01:59,94 (00:44,26), 200m: 02:42,73 (00:42,79) 250m: 03:25,69 (00:42,96), 300m: 04:09,21 (00:43,52), 350m: 04:52,66 (00:43,45), 400m: 05:36,11 (00:43,45) 450m: 06:19,64 (00:43,53), 500m: 07:03,80 (00:44,16), 550m: 07:46,78 (00:42,98), 600m: 08:29,83 (00:43,05) 650m: 09:13,04 (00:43,21), 700m: 09:55,30 (00:42,26), 750m: 10:36,46 (00:41,16), 800m: 11:16,98 (00:40,52)							

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Fortsetzung Bewerb 1 - 800m Freistil Damen

--- 2. Abschnitt ---

Fortsetzung Bewerb 5 - 800m Freistil Herren

Allgemeine Klasse, Pflichtzeit: 12:04,78

3. Pühringer, Niklas	2010 AUT 1. USC Traun	10:07,30	+01:02.29	412
RT +0.69 50m: 00:33,69, 100m: 01:11,48 (00:37,79), 150m: 01:49,62 (00:38,14), 200m: 02:28,29 (00:38,67) 250m: 03:06,70 (00:38,41), 300m: 03:45,26 (00:38,56), 350m: 04:24,34 (00:39,08), 400m: 05:02,75 (00:38,41) 450m: 05:41,29 (00:38,54), 500m: 06:19,79 (00:38,50), 550m: 06:58,60 (00:38,81), 600m: 07:36,92 (00:38,32) 650m: 08:15,10 (00:38,18), 700m: 08:53,53 (00:38,43), 750m: 09:31,52 (00:37,99), 800m: 10:07,30 (00:35,78)				
5. Kappel, Moritz	2008 AUT 1. USC Traun	10:51,04	+01:46.03	334
RT +0.85 50m: 00:35,16, 100m: 01:14,28 (00:39,12), 150m: 01:55,19 (00:40,91), 200m: 02:36,31 (00:41,12) 250m: 03:17,98 (00:41,67), 300m: 04:00,12 (00:42,14), 350m: 04:41,50 (00:41,38), 400m: 05:23,61 (00:42,11) 450m: 06:05,67 (00:42,06), 500m: 06:47,32 (00:41,65), 550m: 07:29,44 (00:42,12), 600m: 08:11,35 (00:41,91) 650m: 08:52,96 (00:41,61), 700m: 09:33,14 (00:40,18), 750m: 10:13,20 (00:40,06), 800m: 10:51,04 (00:37,84)				
8. Kappel, Lorenz	2005 AUT 1. USC Traun	11:16,05	+02:11.04	299
RT +0.83 50m: 00:34,39, 100m: 01:12,71 (00:38,32), 150m: 01:53,44 (00:40,73), 200m: 02:35,23 (00:41,79) 250m: 03:17,52 (00:42,29), 300m: 03:59,46 (00:41,94), 350m: 04:42,19 (00:42,73), 400m: 05:25,22 (00:43,03) 450m: 06:09,25 (00:44,03), 500m: 06:52,74 (00:43,49), 550m: 07:37,02 (00:44,28), 600m: 08:20,42 (00:43,40) 650m: 09:06,04 (00:45,62), 700m: 09:50,88 (00:44,84), 750m: 10:35,83 (00:44,95), 800m: 11:16,05 (00:40,22)				

Fortsetzung Bewerb 6 - 400m Freistil Damen

AK 11-12

4. Mühlehner, Samira	2013 AUT 1. USC Traun	05:48,15	+15.22	309
50m: 00:38,43, 100m: 01:22,06 (00:43,63), 150m: 02:05,40 (00:43,34), 200m: 02:51,61 (00:46,21) 250m: 03:35,34 (00:43,73), 300m: 04:21,21 (00:45,87), 350m: 05:05,34 (00:44,13), 400m: 05:48,15 (00:42,81)				

Fortsetzung Bewerb 7 - 400m Freistil Herren

AK 11-12

7. Kral, Julian	2014 AUT 1. USC Traun	06:21,85	+56.46	191
RT +0.74 50m: 00:41,27, 100m: 01:28,48 (00:47,21), 150m: 02:16,74 (00:48,26), 200m: 03:06,66 (00:49,92) 250m: 03:57,31 (00:50,65), 300m: 04:47,60 (00:50,29), 350m: 05:36,77 (00:49,17), 400m: 06:21,85 (00:45,08)				
10. Garstenauer, Niklas	2013 AUT 1. USC Traun	06:33,06	+01:07.67	175
50m: 00:42,69, 100m: 01:32,56 (00:49,87), 150m: 02:23,25 (00:50,69), 200m: 03:15,51 (00:52,26) 250m: 04:07,62 (00:52,11), 300m: 05:00,22 (00:52,60), 350m: 05:47,92 (00:47,70), 400m: 06:33,06 (00:45,14)				

Fortsetzung Bewerb 8 - 200m Lagen Damen

AK 11-12

4. Mühlehner, Samira	2013 AUT 1. USC Traun	03:04,39	+08.58	319
50m: 00:42,15, 100m: 01:31,99 (00:49,84), 150m: 02:22,89 (00:50,90), 200m: 03:04,39 (00:41,50)				

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Fortsetzung Bewerb 9 - 200m Lagen Herren

AK 11-12

7. Garstenauer, Niklas	2013 AUT	1. USC Traun	03:25,78	+31.09	170
RT +0.80 50m: 00:47,60, 100m: 01:38,57 (00:50,97), 150m: 02:41,51 (01:02,94), 200m: 03:25,78 (00:44,27)					
8. Kral, Julian	2014 AUT	1. USC Traun	03:26,50	+31.81	168
50m: 00:52,85, 100m: 01:43,49 (00:50,64), 150m: 02:41,26 (00:57,77), 200m: 03:26,50 (00:45,24)					

Fortsetzung Bewerb 11 - 400m Lagen Herren

Allgemeine Klasse, Pflichtzeit: 05:51,66

4. Pühringer, Niklas	2010 AUT	1. USC Traun	05:27,35	+21.68	406
RT +0.74 50m: 00:35,16, 100m: 01:16,19 (00:41,03), 150m: 02:01,71 (00:45,52), 200m: 02:45,83 (00:44,12) 250m: 03:29,30 (00:43,47), 300m: 04:12,61 (00:43,31), 350m: 04:52,71 (00:40,10), 400m: 05:27,35 (00:34,64)					
11. Garstenauer, Julian	2011 AUT	1. USC Traun	05:54,88	+49.21	319
RT +0.58 50m: 00:37,17, 100m: 01:20,57 (00:43,40), 150m: 02:06,27 (00:45,70), 200m: 02:51,80 (00:45,53) 250m: 03:41,60 (00:49,80), 300m: 04:34,04 (00:52,44), 350m: 05:14,92 (00:40,88), 400m: 05:54,88 (00:39,96)					

AK 15-16, Pflichtzeit: 06:50,29

2. Pühringer, Niklas	2010 AUT	1. USC Traun	05:27,35	+21.68	406
RT +0.74 50m: 00:35,16, 100m: 01:16,19 (00:41,03), 150m: 02:01,71 (00:45,52), 200m: 02:45,83 (00:44,12) 250m: 03:29,30 (00:43,47), 300m: 04:12,61 (00:43,31), 350m: 04:52,71 (00:40,10), 400m: 05:27,35 (00:34,64)					

AK 13-14, Pflichtzeit: 06:50,29

3. Garstenauer, Julian	2011 AUT	1. USC Traun	05:54,88	+31.12	319
RT +0.58 50m: 00:37,17, 100m: 01:20,57 (00:43,40), 150m: 02:06,27 (00:45,70), 200m: 02:51,80 (00:45,53) 250m: 03:41,60 (00:49,80), 300m: 04:34,04 (00:52,44), 350m: 05:14,92 (00:40,88), 400m: 05:54,88 (00:39,96)					